

Daily AFFIRMATIONS

Affirmations of Self-Confidence and Gratitude

- I feel confident and at ease in my own skin.
- I am deeply thankful for the adventures I encounter each day.
- I have let go of my attachment to ego-driven desires.
- I embody the best version of myself.
- I embrace opportunities for learning and personal growth.
- I am truly grateful for my strong and healthy body.
- I take joy in the success my talents bring me.
- I am surrounded by positive, happy individuals who uplift me.
- I am in harmony with the universe in my co-creation.
- Abundance of wealth, love, and happiness fills my life.
- I am beautiful, confident, and cherished.
- I perceive oneness in everything around me.

Copyright © 2025 Sylvia H Northwood

Thank you for downloading this book. You are welcome to share it with others. You can download it, print it for personal use, and send the file to friends and family.

This work is provided for free and is intended for non-commercial use only.

This means you cannot sell copies of this book in any format (digital or physical) or create modified versions for sale or distribution.

This work is protected by a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License. For more details on what this means, please visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>



@SYLVIANORTHWOOD